RATNAPURA, GALLE AND MATARA · SRI LANKA

Sinharaja Forest Reserve

Sri Lanka's last big lowland rainforest, a World Heritage Site where noisy mixed flocks of endemic birds, purple-faced langurs and green pit vipers fill the trails.

119 animals 21 mammals, 72 birds, 13 reptiles, 6 amphibians, 6 butterflies and 1 dragonfly

Best time: Jan to Apr

Seen _____ of 119

	ANIMAL	DATE AND PLACE
01	**Endemic birds**	27
☐	Sri Lanka Blue Magpie	
☐	Sri Lanka Junglefowl	
☐	Orange-billed Babbler	
☐	Sri Lanka Drongo	
☐	Sri Lanka Grey Hornbill	
☐	Sri Lanka Hill Myna	
☐	Yellow-fronted Barbet	
☐	Crimson-fronted Barbet	
☐	Layard's Parakeet	
☐	Sri Lanka Hanging Parrot	
☐	Sri Lanka Green Pigeon	
☐	Black-capped Bulbul	
☐	Sri Lanka Scimitar Babbler	
☐	Sri Lanka Swallow	
☐	Red-faced Malkoha	
☐	Ashy-headed Laughingthrush	
☐	Brown-capped Babbler	
☐	Sri Lanka Spurfowl	
☐	Spot-winged Thrush	
☐	Legge's Flowerpecker	
☐	Crimson-backed Flameback	
☐	Chestnut-backed Owlet	
☐	Green-billed Coucal Rare	
☐	White-faced Starling Rare	

	ANIMAL	DATE AND PLACE
01	**Endemic birds**	continued
☐	Sri Lanka Wood Pigeon Rare	
☐	Sri Lanka Thrush Rare	
☐	Serendib Scops Owl Rare	
02	**Forest birds**	36
☐	Greater Racquet-tailed Drongo	
☐	White-bellied Drongo	
☐	Dark-fronted Babbler	
☐	Yellow-browed Bulbul	
☐	Square-tailed Bulbul	
☐	Velvet-fronted Nuthatch	
☐	Black-naped Monarch	
☐	Indian Paradise Flycatcher	
☐	Tickell's Blue Flycatcher	
☐	Grey-headed Canary-flycatcher	
☐	Scarlet Minivet	
☐	Golden-fronted Leafbird	
☐	White-rumped Shama	
☐	Oriental Magpie-Robin	
☐	Black-hooded Oriole	
☐	Black-rumped Flameback	
☐	Common Emerald Dove	
☐	Asian Koel	
☐	Loten's Sunbird	
☐	Purple-rumped Sunbird	
☐	Common Tailorbird	

Tick them off in Wilder

ANIMAL | DATE AND PLACE

02 Forest birds continued

- [ ] Large-billed Crow
- [ ] Malabar Trogon
- [ ] Sri Lanka Frogmouth
- [ ] Lesser Yellownape
- [ ] Black-headed Cuckooshrike
- [ ] Jerdon's Leafbird
- [ ] Green Imperial Pigeon
- [ ] Chestnut-headed Bee-eater
- [ ] Stork-billed Kingfisher
- [ ] Common Hill Myna
- [ ] Asian Brown Flycatcher
- [ ] Indian Blue Robin
- [ ] Indian Pitta
- [ ] Forest Wagtail
- [ ] Black-backed Dwarf Kingfisher Rare

03 Birds of prey and owls 9

- [ ] Crested Serpent Eagle
- [ ] Shikra
- [ ] Black Eagle
- [ ] Changeable Hawk-Eagle
- [ ] Brown Fish Owl
- [ ] Legge's Hawk-Eagle Rare
- [ ] Rufous-bellied Eagle Rare
- [ ] Brown Wood Owl Rare
- [ ] Sri Lanka Bay Owl Rare

04 Monkeys and mammals 21

- [ ] Purple-faced Langur
- [ ] Toque Macaque
- [ ] Layard's Palm Squirrel
- [ ] Common Palm Squirrel
- [ ] Indian Flying Fox
- [ ] Sri Lankan Giant Squirrel
- [ ] Dusky-striped Squirrel

ANIMAL | DATE AND PLACE

04 Monkeys and mammals continued

- [ ] Northern Red Muntjac
- [ ] Yellow-striped Chevrotain
- [ ] Wild Boar
- [ ] Ruddy Mongoose
- [ ] Common Palm Civet
- [ ] Golden Palm Civet Rare
- [ ] Stripe-necked Mongoose Rare
- [ ] Indian Brown Mongoose Rare
- [ ] Small Indian Civet Rare
- [ ] Indian Crested Porcupine Rare
- [ ] Red Slender Loris Rare
- [ ] Leopard Rare
- [ ] Fishing Cat Rare
- [ ] Rusty-spotted Cat Rare

05 Reptiles 13

- [ ] Common Green Forest Lizard
- [ ] Sri Lankan Green Vine Snake
- [ ] Common Bronzeback
- [ ] Oriental Garden Lizard
- [ ] Sri Lankan Green Pit Viper
- [ ] Hump-nosed Lizard
- [ ] Sri Lankan Kangaroo Lizard
- [ ] Kandyan Gecko
- [ ] Asian Water Monitor
- [ ] Hump-nosed Viper
- [ ] Common Rat Snake
- [ ] Rough-nosed Horned Lizard Rare
- [ ] Indian Cobra Rare

ANIMAL	DATE AND PLACE
06 Frogs and toads	6
☐ Common Hourglass Tree Frog	
☐ Corrugated Water Frog	
☐ Asian Common Toad	
☐ Reticulated Shrub Frog	
☐ Sri Lanka Rock Frog	
☐ Kelaart's Dwarf Toad	

ANIMAL	DATE AND PLACE
07 Butterflies and dragonflies	7
☐ Sri Lankan Birdwing	
☐ Ceylon Tree Nymph	
☐ Blue Mormon	
☐ Clipper	
☐ Ceylon Rose	
☐ Tamil Lacewing	
☐ Black-tipped Flashwing	

My trip

FROM TO

TRAVELLING WITH

STAYING AT SEEN OF 119

FIRST ANIMAL WE SAW

BEST MOMENT

FIELD NOTES AND SKETCHES

ALSO SEEN, NOT ON THIS LIST

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Sinharaja passport stamp, and watch your life list grow.

BEST TIME

Jan to Apr

Sinharaja is wet all year, but it has two drier spells.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.