ASTURIAS, CANTABRIA AND LEÓN · SPAIN

Picos de Europa and Somiedo

Limestone peaks and deep gorges in the Cantabrian Mountains: chamois at Fuente Dé, vultures, wallcreepers on the cliffs, and brown bears on the slopes of Somiedo.

106 animals 19 mammals, 56 birds, 10 reptiles, 6 amphibians, 2 fish, 10 butterflies and 3 dragonflies

Best time: May to Jul

Seen _____ of 106

ANIMAL | DATE AND PLACE

01 Bears, wolves and chamois 8

- ☐ Brown Bear
- ☐ Grey Wolf Rare
- ☐ Cantabrian Chamois
- ☐ Roe Deer
- ☐ Red Deer
- ☐ Wild Boar
- ☐ Red Fox
- ☐ Wildcat Rare

02 Smaller mammals 11

- ☐ Badger
- ☐ Pine Marten Rare
- ☐ Beech Marten
- ☐ Otter Rare
- ☐ Common Genet Rare
- ☐ Red Squirrel
- ☐ Broom Hare Rare
- ☐ Pyrenean Desman Rare
- ☐ Hedgehog
- ☐ Least Weasel
- ☐ European Snow Vole

03 Vultures and birds of prey 15

- ☐ Griffon Vulture
- ☐ Egyptian Vulture
- ☐ Bearded Vulture Rare
- ☐ Golden Eagle
- ☐ Short-toed Eagle
- ☐ Booted Eagle
- ☐ Black Kite
- ☐ Red Kite
- ☐ Honey Buzzard
- ☐ Buzzard
- ☐ Goshawk

ANIMAL | DATE AND PLACE

03 Vultures and birds of prey continued

- ☐ Peregrine Falcon
- ☐ Kestrel
- ☐ Eurasian Eagle-Owl Rare
- ☐ Tawny Owl

04 Mountain and cliff birds 18

- ☐ Wallcreeper Rare
- ☐ Alpine Chough
- ☐ Chough
- ☐ Alpine Accentor
- ☐ White-winged Snowfinch
- ☐ Rufous-tailed Rock Thrush
- ☐ Blue Rock Thrush
- ☐ Water Pipit
- ☐ Wheatear
- ☐ Black Redstart
- ☐ Eurasian Crag Martin
- ☐ Alpine Swift
- ☐ Ring Ouzel
- ☐ Citril Finch
- ☐ Rock Bunting
- ☐ Common Raven
- ☐ Dipper
- ☐ Grey Wagtail

05 Woodland and meadow birds 23

- ☐ Black Woodpecker
- ☐ Middle Spotted Woodpecker Rare
- ☐ Great Spotted Woodpecker
- ☐ Iberian Green Woodpecker
- ☐ Capercaillie Rare
- ☐ Red-backed Shrike
- ☐ Western Bonelli's Warbler
- ☐ Iberian Chiffchaff

Tick them off in Wilder

ANIMAL	DATE AND PLACE

05 Woodland and meadow birds continued

- [ ] Firecrest
- [ ] Crested Tit
- [ ] Marsh Tit
- [ ] Nuthatch
- [ ] Short-toed Treecreeper
- [ ] Bullfinch
- [ ] Eurasian Golden Oriole
- [ ] Hoopoe
- [ ] Dartford Warbler
- [ ] Cirl Bunting
- [ ] Yellowhammer
- [ ] Woodlark
- [ ] European Serin
- [ ] Red-legged Partridge
- [ ] Cuckoo

06 Reptiles and amphibians 16

- [ ] Iberian Rock Lizard
- [ ] Common Wall Lizard
- [ ] Iberian Emerald Lizard
- [ ] Western Green Lizard
- [ ] Common Lizard
- [ ] Slow Worm
- [ ] Smooth Snake Rare
- [ ] Aesculapian Snake
- [ ] Viperine Snake

ANIMAL	DATE AND PLACE

06 Reptiles and amphibians continued

- [ ] Seoane's Viper
- [ ] Fire Salamander
- [ ] Alpine Newt
- [ ] Palmate Newt
- [ ] Common Midwife Toad
- [ ] Common Frog
- [ ] Iberian Frog

07 Fish 2

- [ ] Atlantic Salmon
- [ ] Brown Trout

08 Butterflies and dragonflies 13

- [ ] Apollo
- [ ] Chapman's Ringlet
- [ ] Swallowtail
- [ ] Marbled White
- [ ] Black-veined White
- [ ] Large Blue
- [ ] Silver-washed Fritillary
- [ ] Dark Green Fritillary
- [ ] Peacock
- [ ] Brimstone
- [ ] Golden-ringed Dragonfly
- [ ] Beautiful Demoiselle
- [ ] Keeled Skimmer

My trip

FROM _____ TO _____

TRAVELLING WITH _____

STAYING AT _____ SEEN _____ OF 106

FIRST ANIMAL WE SAW _____

BEST MOMENT _____

FIELD NOTES AND SKETCHES

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Picos de Europa passport stamp, and watch your life list grow.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.