LA FORTUNA, ALAJUELA · COSTA RICA

Arenal and La Fortuna

Rainforest on the slopes of Arenal Volcano, where sloths hang over the La Fortuna trails and toucans, motmots and hanging-bridge hummingbirds fill the mornings.

117 animals 22 mammals, 77 birds, 7 reptiles, 7 amphibians, 3 butterflies and 1 other insect

Best time: Dec to Apr

Seen _____ of 117

ANIMAL DATE AND PLACE

01 Sloths and monkeys 5

- [ ] Hoffmann's Two-toed Sloth
- [ ] Brown-throated Three-toed Sloth
- [ ] Mantled Howler Monkey
- [ ] White-faced Capuchin
- [ ] Central American Spider Monkey

02 Other mammals 17

- [ ] White-nosed Coati
- [ ] Central American Agouti
- [ ] Variegated Squirrel
- [ ] Red-tailed Squirrel
- [ ] Kinkajou
- [ ] Northern Tamandua
- [ ] Nine-banded Armadillo
- [ ] Common Opossum
- [ ] Raccoon
- [ ] Collared Peccary
- [ ] Tayra
- [ ] Neotropical Otter Rare
- [ ] Honduran White Bat
- [ ] Proboscis Bat
- [ ] Ocelot Rare
- [ ] Jaguarundi Rare
- [ ] Cougar (Mountain Lion) Rare

ANIMAL DATE AND PLACE

03 Toucans, parrots and big forest birds 13

- [ ] Keel-billed Toucan
- [ ] Yellow-throated Toucan
- [ ] Collared Araçari
- [ ] Northern Emerald Toucanet
- [ ] Crested Guan
- [ ] Great Curassow
- [ ] Grey-headed Chachalaca
- [ ] Great Tinamou
- [ ] Red-lored Amazon
- [ ] White-crowned Parrot
- [ ] Orange-chinned Parakeet
- [ ] Finsch's Parakeet
- [ ] Great Green Macaw Rare

04 Motmots, trogons and woodpeckers 10

- [ ] Blue-diademed Motmot
- [ ] Rufous Motmot
- [ ] Broad-billed Motmot
- [ ] Gartered Trogon
- [ ] Slaty-tailed Trogon
- [ ] Graceful Black-throated Trogon
- [ ] Rufous-tailed Jacamar
- [ ] Black-cheeked Woodpecker
- [ ] Hoffmann's Woodpecker
- [ ] Pale-billed Woodpecker

05 Hummingbirds 9

ANIMAL	DATE AND PLACE
☐ Rufous-tailed Hummingbird	
☐ Crowned Woodnymph	
☐ Long-billed Hermit	
☐ White-necked Jacobin	
☐ Green-crowned Brilliant	
☐ Violet Sabrewing	
☐ Snowcap	
☐ Green Thorntail	
☐ Black-crested Coquette Rare	

06 Cotingas, tanagers and other forest birds 20

ANIMAL	DATE AND PLACE
☐ Three-wattled Bellbird	
☐ Purple-throated Fruitcrow	
☐ Lovely Cotinga Rare	
☐ White-collared Manakin	
☐ Red-capped Manakin	
☐ Masked Tityra	
☐ Montezuma Oropendola	
☐ Chestnut-headed Oropendola	
☐ Brown Jay	
☐ Great Kiskadee	
☐ Clay-coloured Thrush	
☐ Scarlet-rumped Tanager	
☐ Blue-grey Tanager	
☐ Golden-hooded Tanager	
☐ Bay-headed Tanager	
☐ Silver-throated Tanager	
☐ Crimson-collared Tanager	
☐ Green Honeycreeper	
☐ Red-legged Honeycreeper	
☐ Buff-throated Saltator	

07 Birds of prey and owls 14

ANIMAL	DATE AND PLACE
☐ Black Vulture	
☐ Turkey Vulture	
☐ King Vulture Rare	
☐ Swallow-tailed Kite	
☐ White Hawk	
☐ Roadside Hawk	
☐ Laughing Falcon	
☐ Bat Falcon	
☐ Northern Crested Caracara	
☐ Ornate Hawk-Eagle Rare	
☐ Spectacled Owl	
☐ Mottled Owl	
☐ Common Potoo	
☐ Common Pauraque	

08 Rivers and Lake Arenal 11

☐ Sunbittern	
☐ Bare-throated Tiger Heron	
☐ Fasciated Tiger Heron Rare	
☐ Northern Jacana	
☐ Anhinga	
☐ Neotropic Cormorant	
☐ Green Heron	
☐ Great Egret	
☐ Western Cattle Egret	
☐ Ringed Kingfisher	
☐ Green Kingfisher	

09 Reptiles and amphibians 14

☐ Green Iguana	
☐ Green Basilisk	
☐ Brown Basilisk	
☐ Eyelash Viper	
☐ Fer-de-lance	
☐ Boa Constrictor	
☐ Blunt-headed Treesnake	

09 Reptiles and amphibians continued

ANIMAL	DATE AND PLACE
☐ Red-eyed Tree Frog	
☐ Strawberry Poison Frog	
☐ Green-and-black Poison Dart Frog	
☐ Mesoamerican Cane Toad	
☐ Fleischmann's Glass Frog	
☐ Emerald Glass Frog	
☐ Common Tink Frog	

10 Butterflies and ants 4

ANIMAL	DATE AND PLACE
☐ Blue Morpho	
☐ Glasswing	
☐ Julia	
☐ Leafcutter Ant	

My trip

FROM _____ TO _____

TRAVELLING WITH _____

STAYING AT _____ SEEN _____ OF 117

FIRST ANIMAL WE SAW _____

BEST MOMENT _____

FIELD NOTES AND SKETCHES

ALSO SEEN, NOT ON THIS LIST

_____

_____

_____

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Arenal passport stamp, and watch your life list grow.

BEST TIME

Dec to Apr

Arenal sits on the Caribbean side of the mountains, so it is wetter than the Pacific coast and rain can fall in any month.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.